REGISTRATION FORM

September 30, 2014

"Community Living My Way"

College of the Holy Cross, Hogan Center 1 College Street, Worcester, MA 01610

Name ____

Agency

Address _____

Sponsor Level (if applicable) _____

Phone ____

Workshop Choices

Morning, Session 1 (1-5)

Afternoon, Session 2 (6-11)

Fee Please return this form with payment by check. Fee for registration is \$50.00; for Family members \$25.00. Fees are non-refundable. Please contact Josh Brothers at *Brothers@Nonotuck.com* if registering 6 or more people.

Make checks payable to: Shared Living & AFC Conference.

Mail to: Shared Living & AFC Conference c/o Nonotuck 40 Main Street—Suite 101 Florence, MA 01062.

CEUs are available at no extra charge. This program has been approved for 4.5 Continuing Education hours in Social Work and Mental Health. For further information, contact Amy Thistle at 1-508-988-5450. Nursing Contact Hours will also be available at no charge.

2014 Community Living Recognition Award Recipients

Advocates Alternatives The Association For Community Living/ Specialized Home Care HMEA Massachusetts MENTOR Nonotuck Resource Associates, Inc. Seven Hills Tri Valley

Our Sponsors:

Keynote

Advocates Alternatives The Association For Community Living/ Specialized Home Care Lifestream, Inc. Nonotuck Resource Associates, Inc. MCAFC

Platinum

Fletcher, Tilton, PC Caregiver Homes Interior Resources Lifestream Inc. HMEA Rehabilitative Resources, Inc.

Gold

Rehabilitative Resources, Inc. Massachusetts MENTOR Berkshire County ARC

Silver

Foothold Technologies Multicultural Community Services of the Pioneer Valley, Inc. CLASS Northeast ARC

Definition: Shared Living and Adult Family Care are person centered options where people self determine their home and support. These options are also referred to as supported living, family care, foster care, specialized home care and life sharing.

Mission: To educate and promote best practices of all forms of shared living and adult family care options through a national annual conference.

Vision: To provide and exchange practical information and innovative ideas that promote shared living and adult foster/family care as options where people can live in a dignified and family living arrangement.

The SharedLiving and AFC Conference Is a program of:

THE ASSOCIATION

FOR COMMUNITY LIVING Creating Opportunities, Building Relationships, Improving Lives for children and adults with developmental disabilities since 1952









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Massachusetts Council for Adult Foster Care www. MassAFC.org

Sharedlivingconference.com

21st Annual SharedLiving & AFC CONFERENCE

"Community Living My Way"

Keynote Speaker: Photojournalist and Documentary Film Maker



Dan Habib Director of the award-winning documentary film "Including Samuel"

Tuesday, September 30, 2014 The College of the Holy Cross Worcester, MA

Agenda September 30, 2014

8:00 – 9:00 Registration

9:00 – 9:30 Opening Remarks Joshua Brothers, Program Director Nonotuck Resource Associates. Inc.

> Welcome and Introduction Ann L. Hartstein, Secretary, Executive office of Elder Affairs Elin Howe, Commissioner, DDS

9:30 – 10:30 Keynote: Creating a Culture of Inclusion through Film: Filmmaker Dan Habib, of the Institute on Disability at the University of New Hampshire, will screen and discuss some of his short documentary films from his award-winning documentaries "Including Samuel", "Who Cares About Kelsey?" and "I am Norm". He will discuss the power of inclusion as a catalyst for disability rights and community access.

- 10:30 10:45 Break / Networking / Exhibits
- **10:45 12:00** Workshops 1-5
- 12:00 12:15 Break / Networking / Exhibits
- 12:15 1:45 Welcome

Lisa Prince, Pres. of MA Council for AFC Awards David Placido, MSW, Director of Shared Living, HMEA

Buffet Lunch / Presentation of Community Living Awards / Networking / Exhibits

1:45-3:00 Workshops 6-11

Directions - Holy Cross College, 1 College Street, Worcester, MA 01610

From the East and West (Boston, Hartford and New York): Massachusetts Turnpike I-90. Take Exit 10 to I-290 East toward Worcester. Take Exit 11 (College Square/ Southbridge Street) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (before the traffic light) onto College Street. Go up the hill and enter the last gate on the left, Gate 7. The Hogan Campus Center is the second building on the left with the large silver cross on it. Visitor parking is to the right of the Campus Center.

Information

For registration information, contact Joshua Brothers email: brothers@nonotuck.com

For sponsorship information, contact Tammy Stackpole 1-508-266-6550

For presenter information, call Jodie St. Louis, 1-508-266-6524

For more detailed conference information, please visit : <u>www.sharedlivingconference.com</u>

21st Annual SharedLiving & AFC CONFERENCE

"Community Living My Way"

Morning Workshops 10:45-12:00 (1-5)

1. Commissioners Roundtable

Elin Howe, Department of Developmental Services; Ken Smith, MassHealth, Office of Long Term Services and Supports (Director) ; Charlie Carr, Massachusetts Rehabilitation Commission: Paul Saner. Massachusetts Association for the Blind; Eleanor Shea Delaney, Director of Plans for the Elderly and Disabled; Erin Deveney, Interim Commissioner for the Department of Children and Families; Heidi Reed, Commission for the Deaf & Hard of Hearing; Ann L. Hartstein. Secretary, Executive Office of Elder Affairs The Commissioners will be available to respond, in a panel discussion, to questions that have been submitted by participants when they register in the morning. Opportunities will be provided during the discussion for audience members to follow up with additional questions. The commissioners roundtable will be moderated by Jeffrey Keilson, Senior Vice President, Advocates.

2. Guardianship and Special Needs Planning

Frederick M. Misilo, Jr. Esq., President, Fletcher Tilton, P.C. Navigating the options of guardianship and alternatives, wills and special needs trusts. A workshop for guardians, parents, brothers & sisters, service providers & self-advocates. Fred addresses the unique needs of families in planning the financial and legal future of their relative with a disability. Guardianship proceedings under the new Uniform Probate Code; Issues surrounding Roger's guardianship proceedings; importance of accounting; guardianship decisions for estate plans and special needs trusts; capacity issues and standards for guardianship; range of options as alternatives to guardianship coming of age; transition planning.

3. Positive Behavioral Support

John Struth, ED.S Clinical Director, Nonotuck Resource Associates; Dan Habib, Filmmaker

John and Dan will utilize a series of short clips from the documentary ""Who Cares About Kelsey?" This film by Dan illustrates the potential of positive behavioral supports in supporting teens and young adults who struggle with emotional and behavioral challenges. Participants will leave with the knowledge that it's about empowering-not overpowering.

4. Pathways to Community Membership

Dennis H. Rice, Executive Director, Alternatives; Michael Seibold, Director of Community Services, Alternatives This training will answer the question "How do we support individuals in developing a valued role in their local community?" Participants will be trained in a process of assisting an individual to identify their passions, locate a matching community opportunity, and facilitate a long term connection. Participants will be able to assist an individual (or providers) they support to develop a 'real' and valued community role that builds social capital.

5. My Way with Dignity

Kathy Fuller, MSW, Home Watch Care Givers; Paula Dunn Meadows, Division Head, WCI-Work, Community, Independence.

Using the theories of Lanny Butler, Dr. Thomas, Teepa Snow, and Donna Hicks, participants will receive examples of how to meet the needs of individuals that have declining cognitive issues and the ability to process information. The activities will enlighten the care giver of different approaches to utilize for demands of caring for an individual, while maintaining the dignity of both.

Afternoon Workshops 1:45-3:00 (6-11)

6. "Including Samuel" and Person Centered Planning Dan Habib, Filmmaker

Dan will share and discuss his award-winning film "Including Samuel", which focuses on his son, Samuel. The film honestly portrays his family's hopes and struggles, as well as the experiences of several adults with disabilities and their families. Following the film, Dan Habib will facilitate an audience discussion about the transition process faced by the teens and young adults featured in the film, and discuss the person centered planning sessions he has organized with his son Samuel (now a freshman in high school).

7. Caring for Yourself

Andrea Long, Psy,D, Associate Clinical Director, Alternatives; Jillian Mariani, LICSW, Alternatives

This interactive course will foster participants' understanding of compassion fatigue. Participants will practice strategies to increase their self-care skills and develop a self-care and resiliency plan.

8. Supported Decision Making

Robert D. Fleischner, Esq., Assistant Director, Center for Public Representation; George H. Fleischner, CEO, Nonotuck Resources

The Center for Public Representation, a public interest law firm that provides legal services to people with disabilities throughout the United States and Nonotuck Resource Associates, a progressive social service agency, have developed a small pilot project to enable ten individuals with intellectual and/or developmental disabilities to make decisions impacting their own lives through the supportive decision making model. Under this innovative project, a person designates a network of supporters such as peers, family members and friends to help make decisions. The process maximizes independence and promotes self advocacy. It supplants substituted decision-making by a guardian with supportive decision-making by the individual, assisted by a family and/or support network.

9. Understand the Difference of Shared Living and Adult (Foster) Family Care

Lisa Prince, MS,LSW, President of MCAFC; Anita Monestime, Advocates, Director for Shared Living & Adult Family Care This workshop will focus on the Shared Living and Adult Family Care models. This is an interactive workshop between the presenters and attendees. Attendees will learn and be educated on the similarities and differences between the two models. The workshop's primary focus will be on the following areas: Shared Living and Adult Family Care; similarities, differences, eligibility, referral/intake process, caregiver qualifications, financial reimbursement and respite.

10. REALationships...DIGNITY...RESPECT...

Jeffrey D. Zander MS CAGS Clinician, Alternatives; Ashlye Warner Zander, Program Manager, Lutheran Social Services We invite you to attend an interactive and informative workshop that will focus on various concepts relating to Social Role Valorization (SRV). When we examine our daily work, it is apparent that there exists a social stigma that affects individuals with developmental disabilities, physical disabilities, and the elderly. This stigma often contributes to an overall feeling of being devalued in the world, a lack of REAL relationships, loss of dignity and respect. We will explore how helping the individuals we serve have access to REAL relationships, dignity, and respect, can lead to a more fulfilling, independent, and happy life.

11. Interactive Workshop

Providers and individuals from across the state will share their differing experiences. This is an open forum for discussion. This year, agency participants are from Nonotuck Resources, Advocates, and Mentor.

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